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# The $\alpha_{1A/C}$ - and $\alpha_{1B}$ -adrenergic receptors are required for physiological cardiac hypertrophy in the double-knockout mouse

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Catecholamines and  $\alpha_1$ -adrenergic receptors ( $\alpha_1$ -ARs) cause cardiac hypertrophy in cultured myocytes and transgenic mice, but heart size is normal in single KOs of the main  $\alpha_1$ -AR subtypes,  $\alpha_{1A/C}$  and  $\alpha_{1B}$ . Here we tested whether  $\alpha_1$ -ARs are required for developmental cardiac hypertrophy by generating  $\alpha_{1A/C}$  and  $\alpha_{1B}$  double KO (ABKO) mice, which had no cardiac  $\alpha_1$ -AR binding. In male ABKO mice, heart growth after weaning was 40% less than in WT, and the smaller heart was due to smaller myocytes. Body and other organ weights were unchanged, indicating a specific effect on the heart. Blood pressure in ABKO mice was the same as in WT, showing that the smaller heart was not due to decreased load. Contractile function was normal by echocardiography in awake mice, but the smaller heart and a slower heart rate reduced cardiac output.  $\alpha_1$ -AR stimulation did not activate extracellular signal-regulated kinase (Erk) and downstream kinases in ABKO myocytes, and basal Erk activity was lower in the intact ABKO heart. In female ABKO mice, heart size was normal, even after ovariectomy. Male ABKO mice had reduced exercise capacity and increased mortality with pressure overload. Thus,  $\alpha_1$ -ARs in male mice are required for the physiological hypertrophy of normal postnatal cardiac development and for an adaptive response to cardiac stress.

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## Introduction

Cardiac growth during development occurs in two phases, initially by myocyte hyperplasia, but primarily by myocyte hypertrophy after the early postnatal period. Postnatal cardiac hypertrophy is a normal physiological process that increases heart size to maintain cardiac output to the growing organism (1). Catecholamines such as norepinephrine are one signal for cardiac hypertrophy, and their role in pathological hypertrophy in disease is well characterized (2, 3), yet their role in physiological hypertrophy during development is less well studied. Knockout of the enzymes that syn-

thesize catecholamines leads to death in utero from cardiac defects, indicating that catecholamines are required for prenatal cardiac development (4). Cardiac adrenergic innervation increases from birth to weaning (1), and thus, increased norepinephrine release from adrenergic nerves might be involved in postnatal heart growth as well.

Norepinephrine stimulates all adrenergic receptors (ARs),  $\alpha_1$ ,  $\alpha_2$ , and  $\beta$ , and alters hemodynamic loading. However, experiments in cultured neonatal rat cardiac myocytes show clearly that catecholamines induce hypertrophy via  $\alpha_1$ -ARs, independent of loading (2, 5, 6). Of the three  $\alpha_1$ -AR subtypes,  $\alpha_{1A/C}$ ,  $\alpha_{1B}$ , and  $\alpha_{1D}$ , culture studies suggest that the  $\alpha_{1A/C}$ -AR mediates myocyte hypertrophy (7).

Experiments in transgenic mice partly support the culture results and the idea that  $\alpha_1$ -ARs can be sufficient to induce hypertrophy during development. An activated mutant of the  $\alpha_{1B}$ -AR subtype causes hypertrophy when overexpressed in cardiac myocytes with the  $\alpha$ -myosin heavy chain ( $\alpha$ -MyHC) promoter (8). The WT  $\alpha_{1B}$  overexpressed by an  $\alpha_{1B}$  promoter also increases heart size (9).

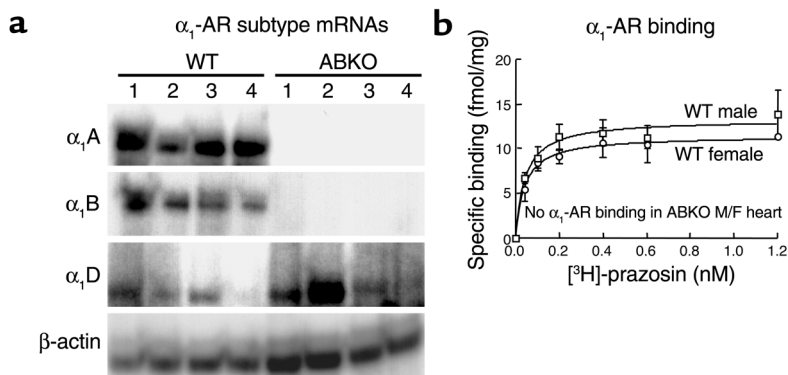
On the other hand, heart size is not changed by  $\alpha$ -MyHC-directed overexpression of either the WT  $\alpha_{1B}$  or the WT  $\alpha_{1A/C}$  (10, 11). Furthermore, growth of the

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**Conflict of interest:** The authors have declared that no conflict of interest exists.

**Nonstandard abbreviations used:** adrenergic receptor (AR); myosin heavy chain (MyHC);  $\alpha_{1A/C}$ - and  $\alpha_{1B}$ -AR double KO (ABKO); extracellular signal-regulated kinase (Erk); ribonuclease protection assay (RPA); heart rate (HR); transverse aortic constriction (TAC); heart weight (HW); body weight (BW); left ventricular (LV); phenylephrine (PE).



**Figure 1**  $\alpha_1$ -AR subtype mRNA levels and receptor binding in hearts from ABKO and WT mice. (a)  $\alpha_1$ -AR subtype mRNAs by RPA. RNA was from ventricles of 10-week-old male mice. (b)  $\alpha_1$ -AR saturation binding. [<sup>3</sup>H]-prazosin was used with ventricular membranes from 10-week-old male and female mice;  $n = 4$  of each sex and genotype.

heart is normal in the individual  $\alpha_{1B}$ - and  $\alpha_{1A/C}$ -subtype KO mice (12, 13). Similarly, heart size is not reduced in a double  $\beta$ -AR KO (14) and is increased in a double  $\alpha_2$ -AR KO due to enhanced norepinephrine release (15). Therefore, although catecholamines and  $\alpha_1$ -ARs are implicated in cardiac hypertrophy, none of the individual ARs, particularly  $\alpha_1$ -ARs, appears to be essential for postnatal cardiac growth in vivo.

One explanation for normal cardiac development in the single  $\alpha_1$ -AR KO mice is functional redundancy of the different  $\alpha_1$ -AR subtypes. Therefore, to test further the hypothesis that  $\alpha_1$ -ARs are required for hypertrophy, we generated a double KO – ABKO – of the two main  $\alpha_1$ -AR subtypes in the heart, the  $\alpha_{1A/C}$  and  $\alpha_{1B}$ . We studied cardiac structure and function during the hypertrophy of normal postnatal development. Hypertrophy during development is the most common type of cardiac hypertrophy and is an example of physiological hypertrophy, in which cardiac function remains normal or improves, in contrast with pathological hypertrophy, in which function deteriorates eventually. Our results show a load-independent and sex-specific requirement for  $\alpha_1$ -ARs in developmental hypertrophy and in the cardiac response to stress, and they implicate extracellular signal-regulated kinase (Erk) signaling in this effect.

## Methods

**Generation of  $\alpha_{1A/C}$  and  $\alpha_{1B}$  double KO mice.**  $\alpha_{1B}$  KO mice (C57BL/6, 129Sv) (12) were mated with  $\alpha_{1A/C}$  KO mice (FVB, 129Sv) (13) to produce F<sub>1</sub> mice heterozygous for both KOs. F<sub>1</sub> heterozygous mice were mated to produce F<sub>2</sub> WT and ABKO mice, and breeding pairs from these two lines produced offspring used in most experiments. Concurrently, mice heterozygous for both KOs were backcrossed with C57BL/6 mice to produce fifth-generation congenic mice.

**Ribonuclease protection assay.** Ribonuclease protection assay (RPA) used 25  $\mu$ g total ventricular RNA (Trizol, GIBCO BRL; Life Technologies Inc., Gaithersburg, Maryland, USA); bands were quantified using ImageQuant (Molecular Dynamics, Sunnyvale, California, USA) and normalized to  $\beta$ -actin (Ambion Inc., Austin, Texas, USA) (7, 16).

**Radioligand binding assay.** Saturation binding in heart 100,000 g membranes used 0.04–1.2 nM [<sup>3</sup>H]-prazosin

and 10  $\mu$ M phentolamine (RBI, Natick, Massachusetts, USA) to define nonspecific binding (17). Total receptor number ( $B_{max}$ ) and binding affinity ( $K_D$ ) were calculated by nonlinear regression using GraphPad Prism (GraphPad Software Inc., San Diego, California, USA).

**Echocardiography.** Echocardiography was done with an Acuson Sequoia C256 (Acuson, Mountain View, California, USA) with a 15-MHz linear array transducer. Mice were under anesthesia with isoflurane or were awake and gently restrained (18).

**Blood pressure and heart rate.** Systolic BP and heart rate (HR) were measured using a noninvasive computerized tail cuff system (BP-2000; Visitech Systems, Apex, North Carolina, USA) (13). Mice were trained for 3 days, and recordings were made on the next 5 days, with at least 15 of 20 successful readings each day.

**Heart histology.** Excised hearts were rinsed in PBS, fixed with 4% paraformaldehyde, embedded in paraffin, and sectioned at 10  $\mu$ m. Alternately, hearts were fixed in situ after arrest in diastole with 40 mM KCl, or embedded in Tissue-Tek O.C.T. compound (Miles Laboratories Inc., Elkhart, Indiana, USA) and frozen. Paraffin-embedded coronal sections were stained with fluorescein-conjugated wheat germ agglutinin and Hoechst 33342, and myocyte cross-sectional area was measured by fluorescence microscopy and NIH Image. Heart cross-sectional area was measured from 10- $\mu$ m frozen sagittal sections.

**Myocyte isolation and volume.** Ventricular myocytes were isolated as described (19), except that collagenase perfusion was at 4 ml/min. Isolated myocytes were fixed with 5% formaldehyde in PBS, and myocyte volume was measured using a Coulter Multisizer with Accucomp software (Coulter Instruments Inc., Hialeah, Florida, USA) (20).

**Myocyte surface area and nucleation.** Isolated myocytes were plated in two-well slides, fixed with 30% acetone/70% ethanol, and viewed under phase contrast (Eclipse E600; Nikon Inc., Melville, New York, USA). Surface area was measured with NIH Image software from digital images (SPOT digital camera; Diagnostic Instruments Inc., Sterling Heights, Michigan, USA). Myocyte nuclei were counted in cells stained with Hoechst 33342 and visualized by fluorescence microscopy (Eclipse E600; Nikon Inc.).

**Culture of adult mouse myocytes and Western blot.** Isolated myocytes were plated at 50 rod-shaped cells per mm<sup>2</sup> on laminin-coated 35-mm dishes in 2% CO<sub>2</sub> at 37°C (19). After overnight culture in MEM with HBSS, 1 mg/ml BSA, and 10 mM butanedione monoxime, myocytes were treated with the agonists shown in Figure 5. Medi-

um was aspirated after 15 minutes, and lysates were collected in 100  $\mu$ l 1 $\times$  Laemmli sample buffer (Bio-Rad Laboratories Inc., Hercules, California, USA), separated on 10% polyacrylamide gels (Bio-Rad Laboratories Inc.), and transferred to nitrocellulose membranes (Bio-Rad Laboratories Inc.). Blots were blocked with 5% nonfat dry milk and probed with antibodies to the following phosphorylated (activated) and total signaling proteins: p38, Akt, p70S6K, p90RSK, and p44/42 MAPK/Erk1/2 (all from Cell Signaling Technology Inc., Beverly, Massachusetts, USA), and Ca<sup>2+</sup>/calmodulin kinase II (CaMKII) (Affinity BioReagents Inc., Golden, Colorado, USA). Bands were detected by Enhanced Chemiluminescence Reagent (Amersham Pharmacia Biotech, Piscataway, New Jersey, USA).

**Erk1/2 activity in intact heart.** Activated Erk1/2 dually phosphorylated on T202/Y204 was immunoprecipitated from ventricular lysates and used to phosphorylate an Elk1 fusion protein in vitro; phospho-Elk1 (S383) was detected by Western blot (Cell Signaling Technology Inc.).

**Ovariectomy.** Bilateral ovariectomy or sham operation was done at weaning (3 weeks). Mice were fed an isoflavone-free diet to prevent the ingestion of phytoestrogens and were sacrificed at 12 weeks.

**Exercise testing.** Exercise capacity was quantified by two approaches. For voluntary exercise, individual mice were placed in a cage containing a freely spinning running wheel attached to a chronometer. For forced exercise, individual mice were placed on a motorized treadmill with a mild motivational shock bar (Eco-6M Treadmill; Columbus Instruments, Columbus, Ohio, USA).

**Transverse aortic constriction.** Transverse aortic constriction (TAC) was done without intubation under anesthesia with isoflurane, and the pressure gradient across the stenosis was estimated by echocardiography in awake mice (18). The surgeon and the echocardiographer were both blinded to genotype.

**Data analysis.** Results are mean  $\pm$  SEM. Mean values were compared by unpaired two-tailed Student's *t* test, and regression curves were compared by *F* test. *P* < 0.05 was considered significant.

## Results

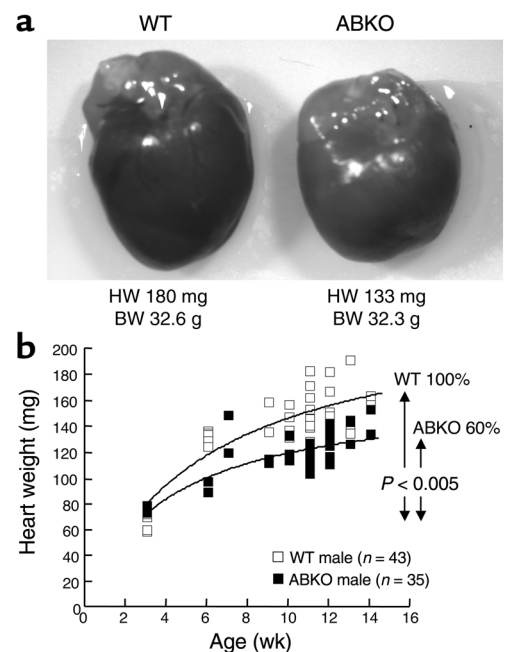
**$\alpha_{1A/C}$  and  $\alpha_{1B}$  double KO mice.** To generate ABKO mice,  $\alpha_{1B}$  KO mice were mated with  $\alpha_{1A/C}$  KO mice to produce mice heterozygous for both KOs. Initial matings of double-heterozygous mice produced 235 mice (116 males, 119 females, average litter size 8), and ABKO mice were born in expected mendelian frequency (15 expected, 17 observed, 8 males, 9 females). ABKO mice were viable and free from obvious disease to 1 year.

**$\alpha_1$ -ARs in the heart.** To confirm the double KO, we measured  $\alpha_1$ -AR subtype mRNA levels (A/C, B, and D) by RPA. In male ABKO hearts, only the  $\alpha_{1D}$ -AR mRNA was expressed, whereas in WT hearts, all three subtypes were present (Figure 1a). In ABKO hearts,  $\alpha_1$ -AR binding was not detected in males or females by saturation analysis with [<sup>3</sup>H]-prazosin (Figure 1b). Thus, the  $\alpha_{1D}$  mRNA is not translated in the heart, or the  $\alpha_{1D}$

protein is below the level of detection in the binding assay. These results confirmed the double KO and indicated that the  $\alpha_{1A/C}$  and  $\alpha_{1B}$  subtypes accounted for all  $\alpha_1$ -AR binding in the WT heart.

**Postnatal heart growth.** To determine whether  $\alpha_1$ -ARs are required for normal postnatal growth of the heart, we measured heart weight (HW) in young adult (9- to 14-week-old) male ABKO mice (Figure 2 and Table 1). In male ABKO mice, atrial, ventricular, and total heart wet weights were reduced significantly (18%, 16%, and 16%, *P* < 0.001), but body weight (BW) was unchanged (Table 1). Thus, HW/BW ratio was reduced significantly in the ABKO mice (13%, *P* < 0.001; Table 1). By echocardiography in anesthetized mice, left ventricular (LV) wall thickness and end-systolic chamber size were reduced significantly in the ABKO mice, and LV end-diastolic chamber size tended to be smaller (Table 2). Thus echocardiographic LV mass was decreased significantly (Table 2), in agreement with HW (Table 1). Liver, kidney, and lung weights were the same in male ABKO and WT mice, both absolute and normalized to BW (Table 1). Therefore, in male mice, disruption of both the  $\alpha_{1A/C}$ - and the  $\alpha_{1B}$ -ARs reduced heart growth specifically. HW, wall thickness, and chamber size were all reduced.

**Time course of postnatal heart growth.** To determine when during cardiac development growth of the heart was reduced in male ABKO mice, we measured HW starting



**Figure 2**

Heart growth in male ABKO and WT mice. (a) Typical hearts at 12 weeks. Twelve-week-old male mice had the wet HWs and BWs shown. (b) HW versus age. Wet HW in male mice from weaning (3 weeks) to young adulthood (14 weeks) is plotted versus age. Curves were fit using nonlinear regression (*F* = 17.81, *P* < 0.005). Heart growth after weaning in the ABKO mice was only 60% of that in WT; BW was the same as in WT (not shown).

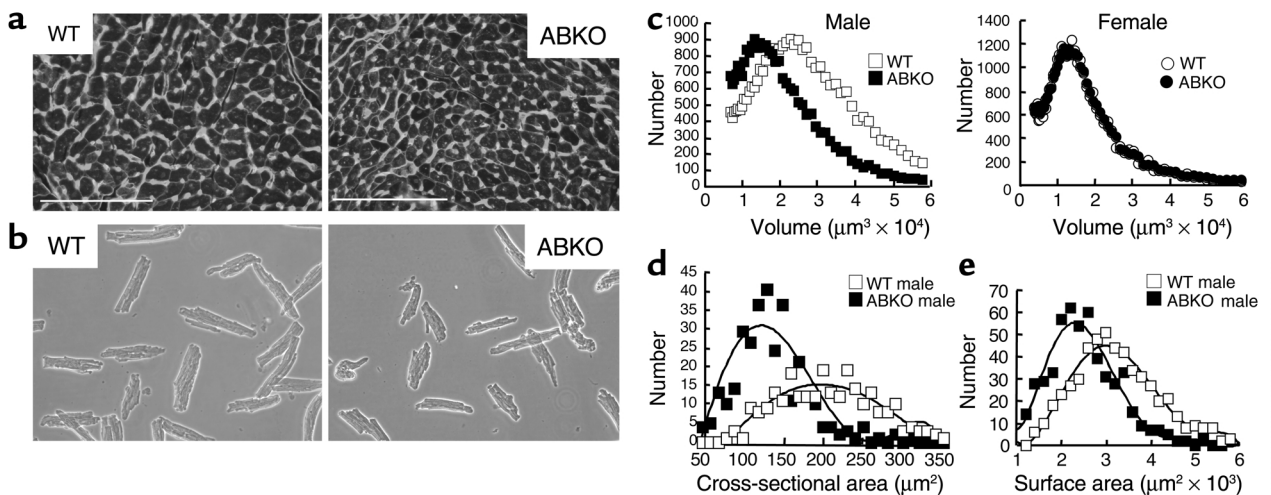
**Table 1**  
Heart and organ weights, myocyte size, and mRNA levels in ABKO mice

Sex Genotype	Male			Female			Male/Female	
	WT	ABKO	ABKO/WT (%)	WT	ABKO	ABKO/WT (%)	WT (%)	ABKO (%)
BW (g)	31.2 ± 0.5 (33)	29.8 ± 0.7 (27)	96	26.0 ± 0.9 (16)	25.4 ± 0.5 (15)	98	120 <sup>B</sup>	118 <sup>C</sup>
HW								
Atria (mg)	9.7 ± 0.3 (31)	7.9 ± 0.4 (25)	82 <sup>A</sup>	6.3 ± 0.3 (16)	6.6 ± 0.5 (15)	105	154 <sup>B</sup>	120 <sup>C</sup>
Ventricles (mg)	136 ± 3 (31)	115 ± 3 (25)	84 <sup>A</sup>	102 ± 3 (16)	96 ± 2 (15)	94 <sup>A</sup>	133 <sup>B</sup>	120 <sup>C</sup>
Heart (mg)	147 ± 3 (33)	122 ± 3 (27)	84 <sup>A</sup>	109 ± 3 (16)	103 ± 2 (15)	94	135 <sup>B</sup>	118 <sup>C</sup>
HW/BW (× 10 <sup>-3</sup> )	4.7 ± 0.1 (33)	4.1 ± 0.1 (27)	87 <sup>A</sup>	4.2 ± 0.1 (16)	4.1 ± 0.1 (15)	98	112 <sup>B</sup>	100
Myocyte size and mRNA								
Myocyte volume (μm <sup>3</sup> )	19,647 ± 722 (6)	14,688 ± 1,111 (7)	75 <sup>A</sup>	11,513 ± 529 (4)	11,371 ± 264 (3)	99	170 <sup>B</sup>	128
Myocyte surface area (μm <sup>2</sup> )	3,266 ± 40 (3)	2,505 ± 180 (3)	77 <sup>A</sup>	ND	ND	ND	ND	ND
Myocyte csa (μm <sup>2</sup> )	210 ± 24 (2)	141 ± 10 (2)	67 <sup>A</sup>	ND	ND	ND	ND	ND
MyHC (α+β) (MyHC/actin)	1.80 ± 0.05 (6)	1.57 ± 0.07 (6)	87 <sup>A</sup>	ND	ND	ND	ND	ND
ANF (ANF/actin)	0.35 ± 0.02 (6)	0.21 ± 0.02 (6)	60 <sup>A</sup>	ND	ND	ND	ND	ND
Liver								
Liver weight (g)	1.4 ± 0.1 (18)	1.4 ± 0.1 (14)	100	1.2 ± 0.1 (11)	1.1 ± 0.1 (8)	92	117 <sup>B</sup>	127 <sup>C</sup>
Liver weight/BW (× 10 <sup>-2</sup> )	4.6 ± 0.1 (18)	4.6 ± 0.1 (14)	100	4.8 ± 0.1 (11)	4.4 ± 0.2 (8)	92	96	109
Lung								
Lung weight (mg)	177 ± 4 (18)	164 ± 5 (14)	93	165 ± 6 (11)	157 ± 7 (8)	95	107	104
Lung weight/BW (× 10 <sup>-3</sup> )	5.8 ± 0.2 (18)	5.6 ± 0.2 (14)	97	6.7 ± 0.4 (11)	6.2 ± 0.3 (8)	93	87	90
Kidney								
Right kidney (mg)	213 ± 7 (18)	210 ± 10 (14)	99	135 ± 6 (11)	158 ± 5 (8)	117 <sup>A</sup>	158 <sup>B</sup>	133 <sup>C</sup>
Kidney weight/BW (× 10 <sup>-3</sup> )	6.9 ± 0.2 (18)	7.1 ± 0.3 (14)	103	5.5 ± 0.3 (11)	6.2 ± 0.2 (8)	113 <sup>A</sup>	125 <sup>B</sup>	114 <sup>C</sup>

Heart and organ weights, myocyte size, and mRNA levels were measured in young adult (9- to 14-week-old) ABKO and WT mice of both sexes. Chamber weights are combined right and left. Values are mean ± SEM with the numbers of mice in parentheses. HW, heart weight; BW, body weight; csa, cross-sectional area; ANF, atrial natriuretic factor; ND, not determined. *P* < 0.05; <sup>A</sup>ABKO vs. WT; <sup>B</sup>male vs. female WT; <sup>C</sup>male vs. female ABKO.

at weaning (3 weeks) and continuing through young adulthood (14 weeks; Figure 2b). Litter sizes were matched to eliminate any impact on development. In WT mice, HW approximately doubled from weaning to young adulthood (Figure 2b). In ABKO mice, HW and HW/BW ratio were the same as in WT at weaning. At 3

weeks, HW was 64.1 ± 3.5 mg in WT and 72.6 ± 1.4 mg in ABKO mice, and HW/BW was 5.1 ± 0.1 in WT and 5.2 ± 0.2 in ABKO mice (*n* = 5 WT, 4 ABKO, *P* = NS). However, growth of the ABKO hearts was significantly less from weaning onward, with HW reaching only 84% of WT in the young adult (*P* < 0.05; Table 1 and Figure



**Figure 3**  
Myocyte size in ABKO and WT mice. (a) Ventricular cross sections. LV coronal sections from 10- to 11-week-old male mice were stained with fluorescein-conjugated wheat germ agglutinin for sarcolemmal membranes and with Hoechst 33342 for nuclei. Nuclei between myocytes are in nonmyocytes. ×40. Scale bar, 100 μm. (b) Isolated myocytes. Myocytes were from hearts of 9- to 10-week-old male mice. ×20, phase contrast. (c) Myocyte volume. Myocyte volume by Coulter Multisizer is plotted versus myocyte number for representative hearts of each genotype and sex. (d) Myocyte cross-sectional area. Cross-sectional area in myocytes with a central nucleus, as in a, is plotted versus myocyte number (110–190 cells in each of two male hearts for each genotype). (e) Myocyte surface area. Surface areas of isolated myocytes as in b are plotted versus myocyte number (160–190 cells in each of three male hearts for each genotype). Group data are in Table 1.

2b). Growth curves modeled by nonlinear regression showed that the increase in heart size after weaning in the ABKO mice was only 60% of that in the WT ( $P < 0.005$ ; Figure 2b). BW of WT and ABKO mice did not differ significantly at any time. Thus, the  $\alpha_{1A/C}$  and  $\alpha_{1B}$  subtypes were required for normal cardiac growth after weaning.

**Myocyte size.** The mechanism of the smaller heart in the ABKO mice could have been either smaller myocytes or fewer myocytes. Reduced myocyte hypertrophy was more likely, because myocyte proliferation is largely complete by weaning (21). To test for a reduction in myocyte size in the intact heart, we measured myocyte cross-sectional area (Figure 3a). Heart and body weights of the ABKO and WT mice were matched to approximate the averages in Table 1. Myocyte cross-sectional area was reduced by 33% in the male ABKO heart ( $P < 0.05$ ; Figure 3d and Table 1).

To confirm the results from ventricular sections, we measured volume and surface area of myocytes isolated from hearts of ABKO and WT mice matched for age and BW (Figure 3b). Myocyte volumes were quantified using a Coulter Multisizer, and surface area was measured by phase microscopy. In male ABKO mice, median myocyte volume was reduced by 25% and median myocyte surface area was reduced by 23% (Figure 3, c and e, and Table 1). Therefore, reduced myocyte hypertrophy could explain reduced cardiac hypertrophy after weaning in male ABKO mice.

**Myocyte binucleation.** During the first 2 weeks of normal postnatal development, mouse myocytes undergo a final round of DNA synthesis and become binucleate by nuclear division without cell division (21). A delay in terminal differentiation can increase the number of smaller, mononuclear myocytes (22) and was a potential explanation for the reduced myocyte hypertrophy observed in the male ABKO mice. However, the majority of isolated adult male myocytes were binucleate in both genotypes (ABKO,  $91\% \pm 0.2\%$ ; WT,  $89\% \pm 0.7\%$ ;  $n = 2$  hearts per genotype, 100–120 myocytes per heart), suggesting normal terminal differentiation.

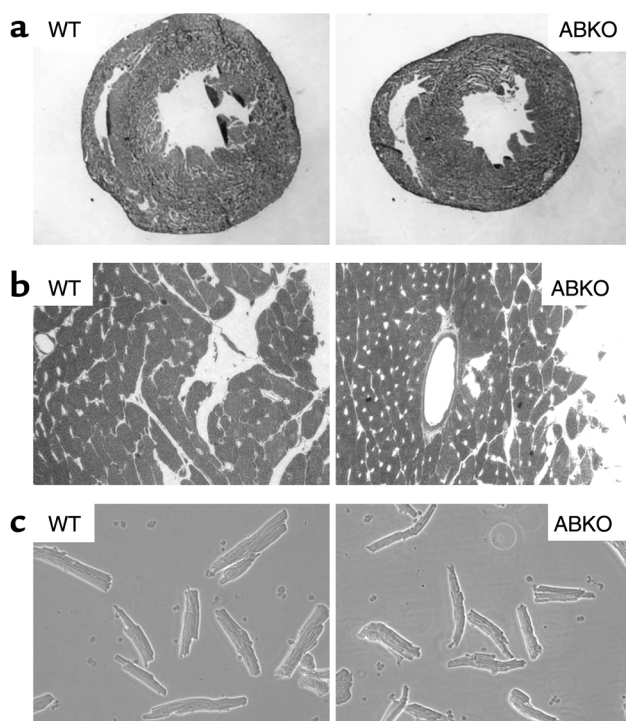
**Myocyte mRNA levels.** To test whether  $\alpha_1$ -ARs were required for normal transcription of cardiac genes during postweaning hypertrophy, we measured MyHC and atrial natriuretic factor (ANF) mRNA levels by RPA. In adult male ABKO ventricles, total MyHC and  $\alpha$ -MyHC mRNA was reduced by 13% ( $P < 0.05$ ; Table 1), and  $\beta$ -MyHC mRNA (6% of total MyHC) tended to be lower (not shown). ANF mRNA was reduced by 40% ( $P < 0.05$ ; Table 1). Thus, KO of both  $\alpha_1$ -ARs reduced myocyte mRNA levels.

**Heart and myocyte size in congenic ABKO mice.** To confirm that the small-heart phenotype observed in the ABKO mouse was not dependent on mixed strains, we measured heart and myocyte size in congenic C57BL/6 mice. In congenic male ABKO mice, the small-heart phenotype was preserved (Figure 4). Heart cross-sectional area was reduced by 33% in the male ABKO heart ( $P < 0.05$ ; Figure 3d and Table 1).

**Table 2**  
Echocardiography in anesthetized ABKO mice

Sex Genotype	Male			Female			Male/Female	
	WT	ABKO	ABKO/WT (%)	WT	ABKO	ABKO/WT (%)	WT (%)	ABKO (%)
<i>n</i>	16	11		8	8			
BW (g)	33.4 ± 1.3	31.0 ± 1.3	93	25.9 ± 0.9	26.6 ± 1.4	103	129 <sup>B</sup>	117 <sup>C</sup>
HR (beats/min)	432 ± 11	435 ± 22	101	441 ± 19	438 ± 25	99	98	99
M-mode								
LV posterior wall thickness, D (mm)	0.61 ± 0.02	0.50 ± 0.01	82 <sup>A</sup>	0.49 ± 0.02	0.47 ± 0.02	96	124 <sup>B</sup>	106
LV anterior wall thickness, D (mm)	0.74 ± 0.03	0.58 ± 0.01	78 <sup>A</sup>	0.59 ± 0.02	0.56 ± 0.02	95	125 <sup>B</sup>	104
LV internal dimension, D (mm)	4.46 ± 0.07	4.28 ± 0.07	96	4.04 ± 0.08	4.13 ± 0.12	102	110 <sup>B</sup>	104
LV posterior wall thickness, S (mm)	0.77 ± 0.02	0.63 ± 0.02	82 <sup>A</sup>	0.62 ± 0.02	0.58 ± 0.02	94	124 <sup>B</sup>	109
LV anterior wall thickness, S (mm)	0.84 ± 0.03	0.68 ± 0.02	81 <sup>A</sup>	0.66 ± 0.02	0.64 ± 0.01	97	127 <sup>B</sup>	106
LV internal dimension, S (mm)	3.19 ± 0.07	2.97 ± 0.10	93 <sup>A</sup>	2.870 ± 0.13	2.83 ± 0.07	99	113 <sup>B</sup>	105
Fractional shortening (%)	28 ± 2	31 ± 1	111 <sup>A</sup>	29 ± 2.1	31 ± 1	107	96	100
End-diastolic volume (μl)	92 ± 4	83 ± 4	90	69 ± 4	75 ± 7	109	133	111
End-systolic volume (μl)	34 ± 2	28 ± 3	82 <sup>A</sup>	26 ± 4	24 ± 2	92	131	117
Stroke volume (μl)	58 ± 4	55 ± 3	95	43 ± 2	51 ± 6	119	135 <sup>B</sup>	108
Ejection fraction (%)	62 ± 3	67 ± 2	108 <sup>A</sup>	64 ± 3	68 ± 2	106	96	99
Cardiac output (ml/min)	25 ± 2	24 ± 2	96	19 ± 2	22 ± 3	116	131 <sup>B</sup>	109
2D								
LV mass (mg)	113 ± 6	79 ± 4	70 <sup>A</sup>	71 ± 4	70 ± 4	99	159 <sup>B</sup>	113
LV mass index (mg/g × 10 <sup>-3</sup> )	3.4 ± 0.1	2.6 ± 0.2	76 <sup>A</sup>	2.8 ± 0.2	2.7 ± 0.1	96	121 <sup>B</sup>	96
Pulsed-wave Doppler								
Aortic flow rate (m/s)	1.05 ± 0.03	1.05 ± 0.04	100	0.90 ± 0.05	0.96 ± 0.05	107	117	109
LV wall stress (g/cm <sup>2</sup> ) ( <i>n</i> = 8)	140 ± 8	146 ± 8	104	ND	ND			

Echocardiography was performed on anesthetized young adult (9- to 14-week-old) ABKO and WT mice of both sexes. 2D long axis and 2D-guided M-mode measurements were recorded. Calculations were made for LV mass by the truncated-ellipsoid method from 2D recordings, and from M-mode measurements. Calculations were made for ventricular volumes by the cubed method [volume = 1.047 × (LV internal dimension)<sup>3</sup>]. Stroke volume (SV) = end-diastolic volume (EDV) - end-systolic volume (ESV). Cardiac output = HR × SV. Fractional shortening = [(LVIDD - LVIDS)/LVIDD] × 100, where LVID is LV internal dimension, D is diastole, and S is systole. Ejection fraction = [(EDV - ESV)/EDV] × 100. Wall stress = [(1.35)(SysBP)/(LVIDS)]/[(1 + (LVPWS)/(LVIDS))], where SysBP is systolic BP from tail cuff measurements as in Table 3, and LVPWS is LV posterior wall thickness in systole. Values are mean ± SEM.  $P < 0.05$ ; <sup>A</sup>ABKO vs. WT; <sup>B</sup>male vs. female WT; <sup>C</sup>male vs. female ABKO.



**Figure 4**

Heart and myocyte size in congenic 10- to 12-week-old male ABKO and WT mice. **(a)** Whole-heart cross sections. Frozen sections of whole heart were stained with hematoxylin.  $\times 2.5$ . The area of the ABKO section is 70% of that of the WT. **(b)** Ventricular cross sections. Hearts were fixed in diastole, and coronal sections of the left ventricle were stained with 1% toluidine blue. Small clear areas are capillaries that mark myocyte borders.  $\times 40$ . **(c)** Isolated myocytes.  $\times 20$ , phase contrast. Myocyte surface area was  $3,259 \pm 1,024 \mu\text{m}^2$  in WT mice ( $n = 45$ ) and  $2,454 \pm 812 \mu\text{m}^2$  in ABKO mice ( $n = 41$ , 75% of WT,  $P < 0.05$ ).

tional area was reduced 30% (Figure 4a), and myocyte cross-sectional area and surface area were 25% smaller than those of the WT (Figure 4, b and c).

**Systolic BP and HR.**  $\alpha_1$ -ARs are potent vasoconstrictors (13), and their absence might decrease BP, thereby reducing cardiac growth. Indeed, the  $\alpha_{1A/C}$  KO mouse is hypotensive (13). Therefore, we measured resting systolic BP and HR in conscious young adult (8- to 10-week-old) mice by tail cuff (Table 3). BP was identical to that of WT in male ABKO mice, but HR was reduced significantly (Table 3). Therefore, the smaller heart in male ABKO mice did not result from decreased afterload.

**Cardiac function by echocardiography.** We used echocardiography to test whether the smaller ABKO heart functioned normally. In anesthetized mice, HR was 20–30% slower than in awake mice and was the same in ABKO and WT mice (Tables 2 and 3). In anesthetized male ABKO mice, indices of contractility (fractional shortening and ejection fraction) were increased slightly, and stroke volume, cardiac output, and aortic flow rate were the same as in WT (Table 2). LV wall stress, a recognized hypertrophic stimulus, was the same in ABKO and WT mice (Table 2).

Echocardiography in conscious mice avoided the reduction in HR caused by anesthesia and confirmed a significantly slower HR in male ABKO versus male WT mice (Table 3). In conscious male ABKO mice, end-diastolic volume was reduced significantly by 20% versus WT ( $P < 0.05$ ). The smaller end-diastolic volume in the male ABKO heart caused a smaller stroke volume, even though ejection fraction and fractional shortening were normal (Table 3). Consequently, cardiac output was reduced significantly in male ABKO mice (27%,  $P < 0.05$ ; Table 3), due to the combination of a slower HR and a smaller stroke volume.

**Hypertrophic signaling.** To test mechanisms for reduced heart and myocyte hypertrophy in the ABKO mice, we stimulated cultured myocytes with the  $\alpha_1$ -AR agonist phenylephrine (PE) and other hypertrophic agonists and measured activation of Erk and PI3K/Akt, two pathways implicated in physiological hypertrophic signaling (23–26). PE activated Erk1/2 about twofold in WT male myocytes, and this response was lost in ABKO male myocytes (Figure 5a). PE in WT male myocytes also activated two kinases downstream from Erk1/2, p90RSK and p70S6K (23), and both PE responses were lost in the ABKO mice (Figure 5, b and c). PE responses were lost selectively, as a phorbol ester (PMA) and endothelin still activated Erk1/2 and downstream kinases in ABKO myocytes (Figure 5, b and c).

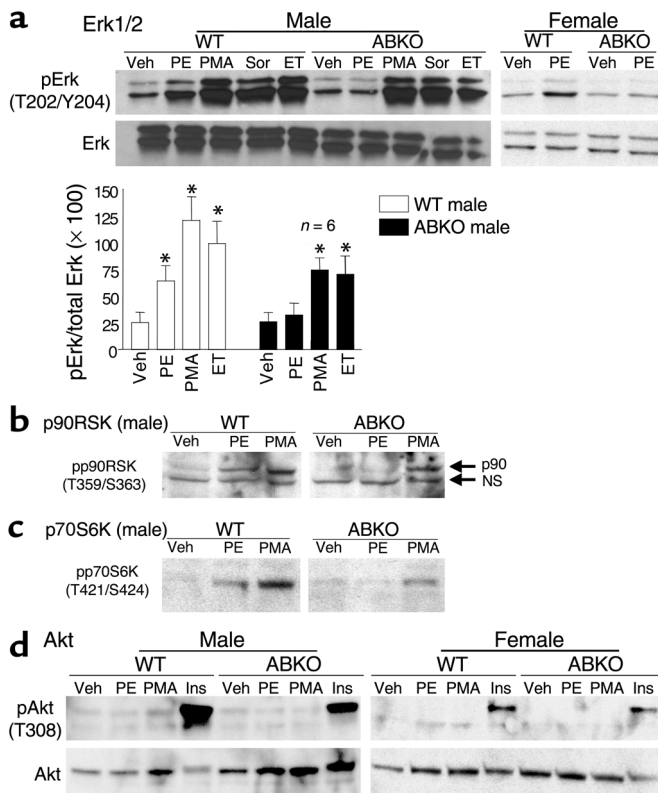
To estimate Erk activity in the intact heart under basal conditions, we immunoprecipitated activated Erk1/2 from ventricular lysates and measured phosphorylation in vitro of the Erk substrate Elk1. Erk1/2 activity in ABKO ventricles was only 29% of that in WT ( $77 \pm 16$  vs.  $263 \pm 26$  phospho-Elk1 density units/ $\mu\text{g}$  protein,  $n = 2$ –3 hearts,  $P < 0.01$ ).

PE did not activate Akt in cultured WT or ABKO myocytes, but insulin activated Akt in both genotypes (Figure 5d). PE also did not activate p38 or CaMKII in WT or ABKO myocytes (data not shown). Failure to activate CaMKII was expected, because  $\alpha_1$ -ARs reduce calcium transients in mouse myocardium (27).

In summary, these results suggested that reduced activity of an Erk pathway was at least partly responsible for the small ABKO heart, but that the Akt pathway was intact.

**Female mice.** In contrast with males, female ABKO mice had hearts and myocytes the same size as those of the WT (Tables 1 and 2, and Figure 3c). Indeed, it was interesting to note that KO of both  $\alpha_1$ -ARs reduced male heart and myocyte size to that of females (Tables 1–3, last two columns). Only two differences from WT were detected in the female ABKO mice: bradycardia and larger kidneys (Tables 1–3). Thus,  $\alpha_1$ -ARs were not required for normal postnatal growth of the female heart.

The female heart did express functional  $\alpha_1$ -ARs. In WT hearts,  $\alpha_1$ -AR levels and binding affinity were the same in both sexes ( $B_{\text{max}}$ : male,  $13 \pm 1$  fmol/mg protein, female,  $12 \pm 1$  fmol/mg protein;  $K_D$ : male,  $43 \pm 2$  pM, female,  $50 \pm 5$  pM;  $n = 4$ ,  $P = \text{NS}$ ). Erk and Akt signaling in female myocytes were also similar to that in males (Figure 5, a and d).



**Figure 5**

Hypertrophic signaling in myocytes. Cultured myocytes from hearts of 10- to 11-week-old congenic WT and ABKO mice were treated for 15 minutes with PE (20  $\mu$ M, plus 2  $\mu$ M timolol); phorbol 12-myristate, 13-acetate (PMA, 100 nM); sorbitol (Sor, 1 M); endothelin (ET, 10 nM); insulin (Ins, 6  $\mu$ M); or vehicle. Western blots were done for (a) phospho-Erk1/2 (pErk) and total Erk1/2, (b) phospho-p90RSK (pp90RSK), (c) phospho-p70S6K (pp70S6K), and (d) phospho-Akt (pAkt) and total Akt. In a, the bar graphs summarize Erk1/2 data from six hearts in each group. In b, a non-specific (NS) band is indicated with anti-pp90RSK. In d, a second pAkt antibody (S473) gave identical results (not shown). Total p90RSK (b) and total p70S6K (c) were the same in WT and ABKO mice (not shown). \* $P < 0.05$  vs. Veh.

To test whether female sex hormones protected from KO of  $\alpha_1$ -ARs, we did ovariectomy at weaning (3 weeks) and studied the mice at age 12 weeks. Male heart growth was reduced in the ABKO mice over this same 3- to 12-week interval (Figure 2b). Ovariectomy reduced uterine weight to 6–7% of that of sham-operated mice in both WT and ABKO mice ( $n = 3$ –6 in each group,  $P < 0.025$ ). However, ovariectomy had no effect in either genotype on BW, tibia length, HW, BP, or HR (data not shown). These same variables did not differ significantly between

WT and ABKO mice after ovariectomy, except that HR was 15% lower in the ABKO mice (data not shown), as observed in nonoperated female mice (Table 3). Thus, female sex hormones did not explain why the female heart was unaffected by the ABKO.

*Response of the ABKO to stress.* We used exercise and aortic banding to test whether the small male ABKO heart had an adaptive response to cardiac stress. Voluntary exercise was tested with a running wheel. WT mice ran a nightly average of about 6 km over about 4 hours at 22 m/min, and ABKO mice ran significantly less by all measures (Figure 6a). To test whether this result simply reflected motivational factors, we used forced exercise on a motorized treadmill. ABKO mice ran significantly less on the treadmill, measured either at a single session, or over 20 consecutive daily training sessions (Figure 6b, left and right). Thus, exercise capacity by two independent assays was reduced significantly in ABKO mice.

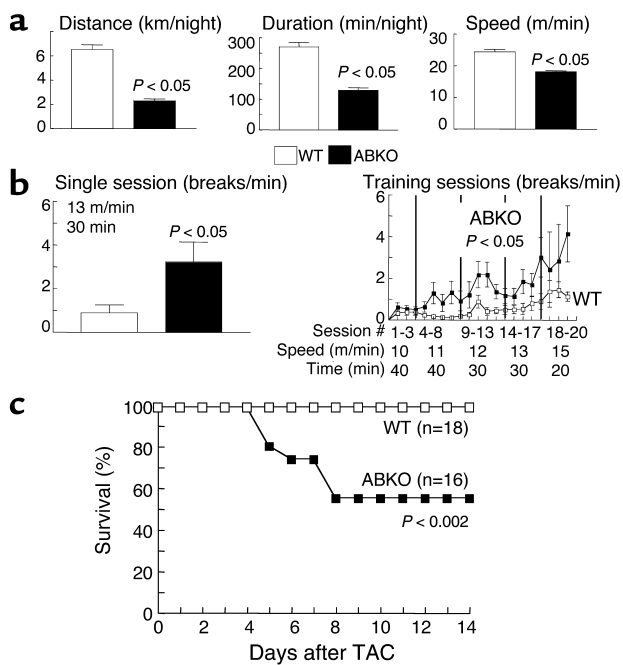
We used TAC to test the response to pressure overload. The gradient across the stenosis at 14 days was similar in WT and ABKO mice ( $99 \pm 6$  mmHg,  $n = 14$ , in WT vs.  $105 \pm 8$  mmHg,  $n = 8$ , in ABKO,  $P = \text{NS}$ ). However, survival to 14 days after TAC was only 56% in the ABKO ver-

**Table 3**  
 Cardiac function in conscious ABKO mice

Sex	Male			Female			Male/Female	
	WT	ABKO	ABKO/WT (%)	WT	ABKO	ABKO/WT (%)	WT (%)	ABKO (%)
Tail cuff								
<i>n</i>	14	11		11	11			
Systolic BP (mmHg)	111 $\pm$ 2	112 $\pm$ 3	101	111 $\pm$ 3	111 $\pm$ 4	100	100	101
HR (beats/min)	622 $\pm$ 10	568 $\pm$ 15	91 <sup>A</sup>	604 $\pm$ 15	578 $\pm$ 13	96	103	98
Echocardiography								
<i>n</i>	4	5		5	4			
BW (g)	36 $\pm$ 2	33 $\pm$ 2	92	25 $\pm$ 1	23 $\pm$ 1	92	144 <sup>B</sup>	143 <sup>C</sup>
HR (beats/min)	561 $\pm$ 10	496 $\pm$ 6	88 <sup>A</sup>	575 $\pm$ 13	531 $\pm$ 13	92 <sup>A</sup>	98	93
M-mode								
Fractional shortening (%)	54 $\pm$ 2	58 $\pm$ 3	107	56 $\pm$ 1	54 $\pm$ 3	96	96	107
End-diastolic volume ( $\mu$ l)	60 $\pm$ 3	48 $\pm$ 3	80 <sup>A</sup>	41 $\pm$ 2	49 $\pm$ 7	120	146 <sup>B</sup>	98
End-systolic volume ( $\mu$ l)	6 $\pm$ 1	4 $\pm$ 1	67	4 $\pm$ 0	6 $\pm$ 1	150	150	67
Stroke volume ( $\mu$ l)	54 $\pm$ 2	44 $\pm$ 3	81 <sup>A</sup>	38 $\pm$ 2	44 $\pm$ 6	116	142 <sup>B</sup>	100
Ejection fraction (%)	90 $\pm$ 1	92 $\pm$ 2	102	92 $\pm$ 1	90 $\pm$ 2	98	98	102
Cardiac output (ml/min)	30 $\pm$ 1	22 $\pm$ 3	73 <sup>A</sup>	23 $\pm$ 1	22 $\pm$ 4	96	130 <sup>B</sup>	100

Cardiac function was measured in young adult ABKO and WT mice of both sexes (8–10 weeks old for tail cuff systolic BP and HR, 14 weeks old for echocardiography). Echocardiographic calculations were as in Table 2. Values are mean  $\pm$  SEM.  $P < 0.05$ , <sup>A</sup>ABKO vs. WT, <sup>B</sup>male vs. female WT, <sup>C</sup>male vs. female ABKO.





**Figure 6** Response of the ABKO mice to stress. Ten- to twelve-week-old male ABKO and WT mice were used. (a) Exercise: free wheel running. Mice were given access to a running wheel for 12 hours on each of 30 consecutive nights, and distance, duration, and speed were recorded by a chronometer attached to the wheel ( $n = 4-5$  mice each group). (b) Exercise: motorized treadmill. Mice were placed on a motorized treadmill set at the speed and for the duration indicated, and the number of times the motivational bar was touched, indicating failure to maintain treadmill speed, was recorded as breaks per minute. The left panel shows a single session ( $n = 8-9$  mice per group), and the right panel shows 20 consecutive daily training sessions ( $n = 9-10$ ). (c) TAC was done in congenic mice, and survival was recorded over 14 days.

100% in the WT mice ( $P < 0.002$ ; Figure 6c). ABKO mice died at 5–8 days after TAC (Figure 6c), and heart failure was evident in autopsied ABKO mice by fluid in the pleural and peritoneal cavities and thrombi in the atria. In the few ABKO mice that survived to 2 weeks, overall hypertrophy after TAC was the same as observed in WT mice. TAC increased HW/BW by 153% in ABKO mice, as compared with a 150% increase in WT mice ( $P = \text{NS}$  versus ABKO). Thus,  $\alpha_1$ -ARs were not required for the increase in heart size after pressure overload, but their absence caused death due to heart failure.

## Discussion

Here we characterized a double  $\alpha_1$ -AR KO to show that the  $\alpha_{1A/C}$  and  $\alpha_{1B}$  subtypes are together required for normal cardiac hypertrophy during postnatal life. Only the male ABKO mice had reduced heart growth, but both males and females had normal BP and bradycardia. The mechanism of the small heart was reduced Erk signaling, at least in part. These results indicate a sex-specific and load-independent role for catecholamines and  $\alpha_1$ -ARs in physiological hypertrophy, a role not revealed in earlier single KOs (12, 13).

The ABKO eliminated cardiac  $\alpha_1$ -AR binding and caused a 40% reduction in growth of the male ABKO heart after weaning. The smaller heart was explained by smaller myocytes, and terminal differentiation was normal. The following supported a direct effect of  $\alpha_1$ -AR signaling on myocyte hypertrophy in vivo: myocyte-specific mRNAs and Erk1/2 signaling were reduced, other organs were normal, and BP and ventricular wall stress were unchanged. A direct effect was shown initially by studies in myocyte culture (2, 5, 6).

Cardiac adrenergic innervation increases greatly from birth to weaning (1), the  $\alpha_{1A/C}$  subtype is first detected in the mouse heart at weaning (28), and the ABKO cardiac phenotype became evident after weaning. By weaning, myocyte DNA synthesis is largely complete, and subsequent growth of the heart is due to myocyte hypertrophy (1, 21, 22). Taken together, the findings suggest a model in which increased cardiac sympathetic innervation after weaning, increased norepinephrine release during daily life, and subsequent activation of  $\alpha_1$ -ARs play an important role in the physiological myocyte hypertrophy of normal postnatal development.

The validity of this model would seem to be challenged by the normal growth of the female ABKO heart. However, a body of evidence indicates that sympathetic activation is significantly lower in females than in males (29, 30). Lower sympathetic tone in females can explain female protection from hypertension (29) and could readily account for lesser dependence of female heart growth on  $\alpha_1$ -AR stimulation. Indeed, it was notable that an overall effect of the ABKO was to reduce male heart and myocyte size indices to those of the female. It was also notable that myocyte  $\alpha_1$ -AR levels and signaling were the same in WT males and females. Thus, the ABKO can be seen as defining a sympathetic contribution to normal developmental hypertrophy. Ovariectomy did not unmask a small heart in ABKO females, so the sex difference was not determined by female sex hormones.

We did not see any sex differences in other cardiovascular parameters, as both males and females had normal resting BP and bradycardia. These were unexpected findings. As a class,  $\alpha_1$ -ARs are potent vasoconstrictors, and the single  $\alpha_{1A/C}$  KO is hypotensive (13). On the other hand, the single  $\alpha_{1B}$  KO is normotensive (12), and overexpression of the  $\alpha_{1B}$  with its own promoter causes hypotension (9). Thus, the ABKO might combine offsetting effects on BP. Alternately, reduced cardiac output in the ABKO mouse might stimulate a reflex increase in BP through the vascular  $\alpha_{1D}$  subtype (31). HR is not altered significantly in the single  $\alpha_{1A/C}$  or  $\alpha_{1B}$  KOs (12, 13), and  $\alpha_1$ -AR stimulation does not change HR in the mouse when the baroreflex is blocked (13). The mechanisms of normotension and bradycardia require further study, but the small male ABKO heart was not explained by altered loading.

Insulin/PI3K/Akt and Erk are two pathways so far implicated in physiological hypertrophic signaling (23–26, 32). Reduced Erk signaling was likely one mechanism for reduced hypertrophy in the ABKO mouse, because Erk activity was reduced in the intact ABKO heart, and  $\alpha_1$ -AR

stimulation of Erk was lost in isolated ABKO myocytes. However, reduced Erk activity might not explain the entire ABKO phenotype.  $\alpha_1$ -AR stimulation of Erk is also lost in the single  $\alpha_{1A/C}$  KO heart (data not shown), but heart size is normal in the single  $\alpha_{1A/C}$  KO (13). On the other hand, PKC $\epsilon$  activation is lost in the single  $\alpha_{1B}$  KO (33), and PKC $\epsilon$  can stimulate a physiological signaling in the mouse heart (34). Thus, the small-heart phenotype might be seen only in the double-subtype KO because the subtypes couple to distinct signaling pathways, which together are essential for developmental hypertrophy.

It was notable in this regard that endothelin and insulin had normal Erk and Akt signaling in ABKO myocytes. These results implied that  $\alpha_1$ -AR effects on postnatal heart growth could not be compensated for by these other hypertrophic agonists, or by the many other Gq-linked systems implicated in hypertrophy. Indeed, it seems likely that  $\alpha_1$ -ARs/Erk and insulin/PI3K/Akt (24–26, 32) represent independent pathways for developmental hypertrophy.

Finally, the male ABKO heart not only was small but also had abnormal function. Contractile function in vivo at rest was intact, with normal ejection fraction and fractional shortening by echocardiography. However, cardiac output was decreased significantly in conscious mice, due to the combination of a smaller heart and a slower HR. With stress, exercise capacity was reduced significantly, most likely by an impaired increase in cardiac output. Furthermore, pressure overload caused death due to heart failure in the ABKO mice that was not observed in WT mice. Thus,  $\alpha_1$ -ARs were required for an adaptive response to cardiac stress. Preliminary data suggest abnormal remodeling in ABKO mice after TAC, and therefore the ABKO mouse might help define a physiological contribution to the hypertrophic response that follows a pathological stimulus.

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